

## BEACHWALKING HINTS AND TIPS

Try to walk the beach early in the morning (you will probably find it more comfortable before the day gets too hot, anyway). Our beaches are all very safe, but do take basic precautions - if at all possible, do the walk with someone else, take a mobile phone with you and do not go too close to the water's edge or put yourself at risk by clambering over rocks. Wear sensible footwear.

Walk the beach from one end to the other (details for individual beaches are below) looking out for fresh turtle tracks. Tracks will emerge from the water, go up the beach towards land and ultimately loop back towards the water and go back into it. The tracks have a very distinctive swirly herringbone pattern.

If you see fresh tracks give us a call on 99 307296. If there are no fresh tracks please send a text, saying something like "Nothing on Tunnel (or whichever) beach." There is no need to report tracks that have already been investigated. We will mark tracks with a painted cane stuck in the sand when we have checked them.

If you see tracks, please make sure that you complete your walk, as there may be more further along the beach (turtles often try two or three potential nest sites before laying their eggs). If you cannot stay around until we arrive to check the tracks, mark the tracks with a pile of stones or something similar, and give us as clear an idea as you can where the tracks are so that we can go straight to them. If you carry a bag with you and pick up and dispose of any litter you find, so much the better!

We know there is a problem with vehicles driving on Long Beach and Tunnel Beach. We are having rocks placed to block potential access points to Long Beach and the boat club are going to park their boats so as to block access to Tunnel Beach.

### Curium beach

You need to complete your walk as early as possible, and in any event before 7 o'clock, when the restaurant people rake the beach. You need to cover all of the sandy part of the beach – approximately from the bottom of the road leading down to the beach to the Western end.

### Tunnel beach

You can make the walk easier by walking out along the road along the edge of the golf course and back along the beach towards your starting point. This is not allowed after 6 o'clock, apparently. Don't forget to walk the Western part of the beach – in front of the Inter-Services Yacht Club to the cliffs at the end. Tunnel Beach is likely to be used for "decompression" at various times this summer. Wherever possible, try to have finished your walk by 8 o'clock.

### Lemmings Beach

Basically, it is a matter of covering the beach from end to end. In theory you could walk out along the road through the campsite and back along the beach from East to West, but it is quite a long way round and so may not be a big gain. Look out for kite-surfing lines and kitesurfers! Again, if possible, try to have finished your walk by 8 o'clock.

### Long Beach

You can access the beach at the Eastern end by driving down the winding road opposite the small white church on the main road, or at the Western end by turning left off the side-road just by Paramali Station and aiming for the end of the ridge. Either way, do not forget to check "Officers' beach", the small beach East of the parking place. If you do the walk as a couple, you can speed it up by dropping one person at the Western end of the beach, driving to the Eastern end and parking there. The driver then does "Officers' beach", and by the time he gets back to the car, his partner should be approaching from the Western end. Look out for kite-surfers!